

Pre- Excision Instructions

Two Weeks Prior to Surgery

Please stop all Non-Steroidal (NSAID) pain relievers such as ADVIL, MOTRIN, ALEVE two (2) weeks prior to surgery.

Stop Asprin 2 weeks prior to surgery, unless this medication was recommended for you take by your physician to prevent clotting.

Please **STOP ALL MULTIVITAMINS** (unless prescribed by your physician) for two weeks prior to the excision.

If you are taking a blood thinner, such as Coumadin or Plavix, please notify our staff.

Antibiotics:

If you were prescribed antibiotics for your excision, please take them as directed. If you believe you need antibiotics and were not prescribed them, please call us as (410) 535-4561.

Day of Surgery

- If possible, please bring someone to “drive” you to and from your appointment- it helps to have an extra hand and someone to talk to!
- Be prepared for a delay **if your surgery start time is after 10 AM**. We strive to stay on time, however the start and stop time can be unpredictable for the Moh’s procedure
- Eat a good meal on the day of your surgery (you do not need to fast).
- Wear comfortable clothing and consider bringing some reading material.
- Moh’s surgery can take anywhere from 2 to 4 hours.
- Please take your regular medications (especially blood pressure meds) unless directed otherwise.
- Expect to have a pressure dressing placed over your surgical site. This should remain in place for 24 hours.
- Please notify the staff if you have a fever, unusual cough, or headache.

Following Surgery:

- Avoid activities that may place strain on your incision until your return visit (usually in 7 to 10 days). This is to help prevent bleeding, pulling of sutures, and to minimize scarring. If you are in doubt as to what is acceptable, please discuss this with your doctor before you leave.
- Use an ice pack during the first few hours and take Tylenol when you arrive home, to help prevent swelling and discomfort.

We hope that this information helps you to be well prepared. If you have any questions, please call us at (410) 535-4561 or communicate with your physician directly via the portal.